



CHARA SERMPENIADI

OCCUPATIONAL THERAPIST

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PROFILE

Chara joined Hopscotch in October 2025, bringing international experience and a deep commitment to supporting children's development through personalised, holistic care.

About Chara:

Chara is a dedicated paediatric Occupational Therapist with a strong academic and clinical background. She holds a Master of Science in Education and Child Studies (specialising in Parenting and Child Development) from the University of Leiden, and a Bachelor of Science in Occupational Therapy from the University of West Attica in Greece.

Her approach is grounded in empathy, adaptability, and clinical reasoning, with a focus on nurturing children's motor, cognitive, sensory, emotional, and social development. Chara has worked with children from diverse cultural backgrounds, including those diagnosed with Autism Spectrum Disorder, ADHD, learning disabilities, and other neurodevelopmental conditions.

She is experienced in delivering therapy within international school settings and clinics, and works closely with families and educators to create strategies that promote independence and confidence both at home and in the classroom.

Professional Development:

Chara is committed to ongoing learning and has trained in a variety of assessment tools including Beery VMI, DASH, Sensory Profile, MVPT, and Movement ABC. She has also participated in specialised training such as Parent-Child Interaction Therapy for Selective Mutism and has led workshops for parents on supporting children's confidence and emotional regulation.

Her warm and thoughtful approach makes her a valuable member of the Hopscotch team, and her dedication to empowering children aligns with our mission to help every child thrive.