



DIMITRIOS MYLONADIS

CEO

CONTACT

☎ 020 7486 8168

✉ info@hopscotchtherapy.co.uk

📍 11 Gower Street, London
WC1E 6HB

🌐 hopscotchtherapy.co.uk

HCPC

OT39680

MEMBERSHIPS

- Royal College of Occupational Therapist
- Fellow Royal Society of Medicine

PROFILE

I am a highly experienced Paediatric Occupational Therapist with more than two decades of specialist expertise in neurodevelopment, sensory integration, and paediatric practice across clinical, academic, research, and international training settings. My academic foundation includes a BSc (Hons) in Occupational Therapy, an MSc in Paediatric Occupational Therapy, postgraduate qualifications in Child Development and Childhood Anthropology, and postgraduate studies in Neurosciences at the Institute of Neuroscience and Psychiatry, King's College London. I have also completed extensive advanced clinical training in Sensory Integration, including postgraduate qualifications from leading international bodies.

I began my career in 2001 and have since built a strong reputation in both clinical practice and professional education. I served as a part-time lecturer at Brunel University for one and a half years and taught for the Sensory Integration Network UK & Ireland between 2005 and 2013. In 2008, I designed and launched Sensory Integration postgraduate training modules in Athens, now one of the most established SI training programmes in Greece, with hundreds of therapists attending annually. I also organised and delivered full SI training pathways in Poland for four years, significantly contributing to national workforce development. Between 2017 and 2019, I taught Sensory Integration courses across Dubai and the UAE, where I also organised and presented the first Sensory Integration Conference in the region, helping establish SI practice standards in the Middle East.

My practice is further informed by international research experience. I completed a research fellowship at the SPD Foundation (now STAR Institute) in the United States, where I had the privilege of being mentored by Dr Lucy Jane Miller, one of the most influential figures in Sensory Processing Disorder research and theory. This mentorship has shaped the depth, precision, and clinical reasoning that underpin my work.

In 2005, I founded Hopscotch Children's Therapy Centre in London, envisioned as a centre of excellence for high quality, evidence based paediatric assessment and intervention. Today, Hopscotch is recognised as a leading multidisciplinary clinic in the UK, located in the prestigious Bedford Square in central London. Over the years, Hopscotch has made a significant impact on paediatric healthcare both nationally and internationally through its specialist diagnostic assessments, therapy services, training programmes, and contributions to professional development. Hopscotch is widely regarded for clinical excellence, innovation, and leadership in sensorymotor and neurodevelopmental approaches. The organisation is now entering a major growth phase, expanding its services, teaching programmes, and international collaborations to meet increasing demand for high quality paediatric therapeutic care.

Throughout my career, I have worked closely with distinguished professionals in neurodevelopmental paediatrics, psychiatry, neurology, psychology, and allied health disciplines. I have contributed to multidisciplinary teams in highly respected institutions, including Great Ormond Street Hospital (GOSH), further strengthening my clinical expertise and interdisciplinary approach.

I have presented at numerous conferences, seminars, and workshops around the world on topics including Autism, Dyspraxia, ADHD, Early Intervention, Sensory Processing Disorder, and contemporary neurodevelopmental practice. My long-standing involvement in clinical work, academia, research, and international training places me among the leaders in the field of paediatric Occupational Therapy, with a commitment to advancing best practice and shaping the next generation of therapists across the globe.