



INTENSIVE OCCUPATIONAL THERAPY



Explore the Essence: Unveiling the Top 7 Reasons Why Intensive Paediatric Occupational Therapy (OT) Mixed with Sensory Integration Sessions Are Essential





Skill Development

Intensive sessions provide focused opportunities for children to enhance motor, sensory, self-care, and cognitive skills, leading to accelerated progress.



Individualised Approach

Tailored interventions cater to each child's unique strengths, challenges, and goals, ensuring effective treatment plans.



Consistency and Repetition

Regular sessions promote skill acquisition and consolidation through repeated practice, fostering muscle memory and improved performance.



Generalization of **Skills**

Practicing skills in various contexts facilitates their application beyond therapy settings, enhancing adaptability and success in real-life situations.



Parent and Caregiver Involvement:

Increased opportunities for parental participation empower caregivers to support their child's progress at home, ensuring continuity of care and integration of therapy goals.



Maximizing Progress within Limited Time

Intensive sessions optimize limited time, making a significant impact on a child's development, especially considering constraints like school schedules or geographic



Addressing Complex Needs

Comprehensive therapy approaches cater to children with complex medical conditions or multiple challenges, promoting holistic development across physical, sensory, cognitive, and emotional domains

Remember, the decision to pursue intensive therapy should involve collaboration among healthcare professionals, parents, and relevant experts to ensure the best outcome for the child's development











OCCUPATIONAL THERAPY INTENSIVE PACKAGES



FULL SUMMER INTENSIVE

- Initial assessment (recommended for new clients or clients that have not been assessed in over 18 months)
- Intensive Occupational Therapy & Sensory Integration sessions; 2 sessions per day and we would recommend a minimum of two weeks - sessions are held Monday to Friday. Depending on the child's needs, the intensive can be extended to a maximum of four weeks.
- A dedicated therapist will be working with your child and the whole process will be overseen by our Senior Therapists.
- Parent/ carer/ nanny training workshops; two workshops per week (flexible, in-clinic or online)
- Parent meetings (verbal) to discuss progress at the end of each week
- Final progress update (written) and recommendations for future therapy







OCCUPATIONAL THERAPY INTENSIVE PACKAGES



SHORT "BOOSTER" INTENSIVE

- Initial informal assessment (for current clients or children that have been assessed in the last 6 months)
- Intensive Occupational Therapy & Sensory Integration sessions; 2 sessions per day and we would recommend 5 days in duration. This can be flexible and split over two weeks (e.g. 3 days in week 1 and 2 days in week 2)
- Parent/ carer/ nanny training workshops; one to two workshops (flexible, in-clinic or online)
- Parent meetings (verbal) to discuss progress at the end of each week
- Final progress update (written) and recommendations for future therapy

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